

# Writing Group

Join us on Monday, November 6th from 6:00 to 7:30 PM  
at THE BOOKHOUSE for our writing group!

In a nonjudgemental and nurturing community, we will inspire, support and share our writing through exercises and free flow prompts.

Whether you are an experienced writer or dream about becoming an author, come write!

## *Why join?*

- *Build confidence in yourself*
- *Overcome self-limiting beliefs and writer's block*
- *Meet like-minded people and have fun*
- *It's completely FREE OF CHARGE!*

**All you need is your imagination, a pen and notebook!**

**Save Your Spot** - Email me at [jnwritinggroup@gmail.com](mailto:jnwritinggroup@gmail.com)



Janie Nelson is a mother of four grown children, Certified Health Coach (IIN), Positive Psychology Practitioner (WBI), and former English literature educator. Having extensively studied with Deepak Chopra, as well as Renowned Psychologist and Expert on Happiness, Tal Ben-Shahar, Janie's life mission is to help others move through the ups and downs of life with grace, resilience and self-love.

Location:  
120 Reynolda Village  
Winston-Salem, NC  
27106